

Nagaland Board of School Education Kohima

NOTIFICATION No. 8/2021

Dated Kohima, the 4th February 2021

NO.NBE-8/Ad-Misc(10)/2020-21 :: It is hereby notified for information of the heads of registered schools that 'Khelo India', a National Programme for Development of Sports in India, was introduced in December 2017 by the Ministry of Youth Affairs and Sports, Govt. of India to revive the sports culture in India and to identify the talent at grass-root level by building a strong framework. "Physical Fitness of School going Children" is one of vital vertical out of 12 key verticals of Khelo India.

Sports Authority of India is developing a 4-stage framework – Grassroots, Development, Excel and Elite – to capture different sporting pathways. Physical fitness assessment of school going children is first step towards grassroot talent identification. This identification of talent needs to be done by all teacher inclusive of PE teachers in schools.

Khelo India Fitness Programme needs to be implemented in each school of each district of Nagaland. In order to equip the teachers with the knowledge, Skills and Attitude to perform Physical Fitness Assessment test in school, the Sports Authority of India (Fit India) has proposed to conduct 2 days (1.5 hour each) online training programme/webinar on Zoom app for Physical Education teachers on **2nd -3rd March/ 4th -5th March, 2021 at 2:30 – 4pm.**

Therefore, all the Heads of Institutions and Physical Education teachers (both Government & Private) are requested to attend this online training programme without fail.

After the training, Physical Education Teachers will be able to register their school, create profile for themselves, upload students' data, usage of KIFA and learn how to do Assessment.

Steps to Register- Whole of school approach to Fitness with Head of institution/ Principals of Nagaland Schools:

Date – 01/03/2021

Time – 2:30pm – 3:30 pm

Steps to register as **Principal/HM:**

- 1) Go to <https://schoolfitness.kheloindia.gov.in/tot.aspx>
- 2) Click on register > Select Principal
- 3) If already registered enter registered Khelo India Principal ID/email id/ phone no
- 4) If new, Click on Register your School > Fill the required school details
- 5) Submit

Online TOT for PE Teachers/Teacher's of Nagaland Schools:

Date – 2nd -3rd March/ 4th -5th March, 2021

Time – 2:30pm – 4pm

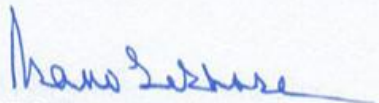
Steps to register as **P.E. TEACHER/SPORTS COACH**:

- 1) Go to <https://schoolfitness.kheloindia.gov.in/tot.aspx>
- 2) Click on register > Select P.E. TEACHER/SPORTS COACH
- 3) If already registered enter registered Khelo India Assesor ID/email id/ phone no
- 4) If new, Register as new P.E. Teacher/Sports Coach > Fill the required Assessor Details
- 5) Submit

How Participants will join the Online session:

1. Participants need to have zoom application (downloaded) in phone or computer.
2. Click on the Registration link: schoolfitness.kheloindia.gov.in/tot.aspx
3. Join option will be there in the related Online TOT. Click on join.
4. Enter your Kheloindia id/registered phone no/email id.
Join before 15 mins of the session timing.

In order to revive the Sports Culture in the State of Nagaland, your cooperation and participation in this training programme is solicited. I look forward in making this programme a success.

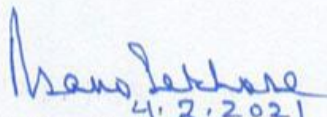

(Mrs. Asano Sekhose)
Chairman

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Copy to:

1. The Special Secretary to the Government of Nagaland, Department of School Education & SCERT, Kohima for information.
2. The Principal Director, School Education, Nagaland, Kohima for information.
3. Ekta Vishnoi, Mission Director, Fit India for information and necessary action.
4. All the DEOs/Sr.SDEOs/SDEOs, Nagaland. They are requested to disseminate the content of this notification to the schools under their jurisdiction.
5. All Heads of Institutions registered with NBSE for information and necessary action.


(Mrs. Asano Sekhose)
Chairman