Introduction to the Holistic Progress Card

Where the card comes from

AWARENESS SENSITIVITY CREATIVITY

NBSE · HPC Secondary Stage Teacher Orientation · Class IX

One child, and a number

Before any policy

Think of one student: weak in written examinations, strong somewhere else.

- Barely passed Mathematics. Could build the class into a team.
- Failed English. Could repair anything with a motor.
- The quiet one everyone took their problems to.

WHAT THE REPORT SAID

32%

Can do better.

Everything else you knew left school with them.

This card was built for that child.

The policy that named the problem

NEP 2020, Paragraph 4.34

It changed what assessment is for.

Our examinations have rewarded memory, coaching and cramming.

> **NEP 2020, PARAGRAPH 4.34**
>
> "The aim of assessment … will shift from one that is summative and primarily tests rote memorisation skills, to one that is more regular and formative, is more competency-based, promotes learning and development for our students, and tests higher-order skills, such as analysis, critical thinking, and conceptual clarity."

Every page of the card traces back to that one sentence.

What Paragraph 4.34 asks for

Three shifts, in plain words

Rote memorisation → **Conceptual understanding**

Content-based assessment → **Competency-based assessment**

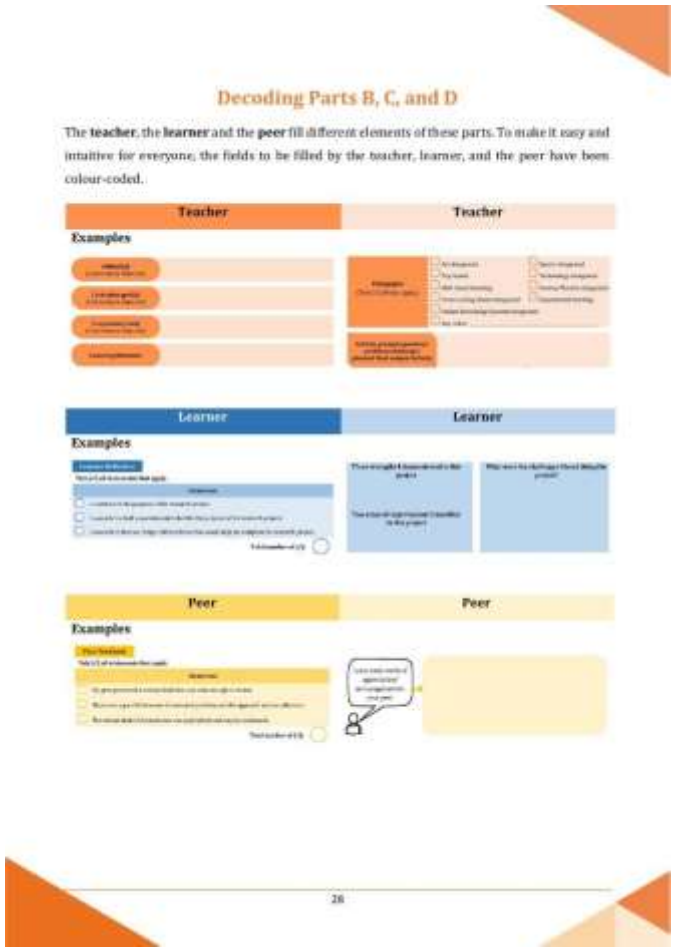
Mostly summative → **Mostly formative**

WHAT THIS CHANGES IN YOUR CLASSROOM

Assessment moves from “after the teaching” to “during it”.

The report card itself must change

NEP 2020, Paragraph 4.35



The guide's colour code

Holistic and multidimensional: the whole child.

FOUR VOICES, 360° **Teacher** **Learner** **Peer** **Parent**

Summative

The verdict after teaching ends.

Formative

Assessment during learning.

FORMATIVE ASSESSMENT IN ONE PHRASE

Each checklist ends in a box: ***Brief comments and pedagogical interventions.***

Panchakosha vivarana: five sheaths, one child

Taittiriya Upanishad, in the NCF

Annamaya	Pranamaya	Manomaya	Vijnanamaya	Anandamaya
The body	Breath, life energy	Mind, emotion	Reasoning	Joy
Parts A, F	**Parts A, F**	**Parts A, B, D**	**Parts B, C, E**	**Parts A, B**

IS THIS RELIGIOUS CONTENT? NO.

A developmental map, not a devotional text: a human being has five dimensions.

WHICH KOSHA HAVE OUR EXAMINATIONS MEASURED?

Only the intellectual one, and a narrow strip of it.

From philosophy to framework

The guide's own Foreword



FOREWORD

Education in India is undergoing a transformative shift, driven by the need to equip students with skills and knowledge for the 21st century. The National Education Policy (NEP) 2020 and the National Curriculum Framework (NCF) have been instrumental in this paradigm shift, emphasizing holistic, flexible, and multidisciplinary education. These initiatives aim to foster critical thinking, creativity, and lifelong learning among students, ensuring that India remains at the forefront of global educational standards.

The National Curriculum Framework (NCF) lays a strong foundation for self-evaluation, multidisciplinary learning, time management, and collaboration. It encourages students to take ownership of their learning journeys through self-assessment and reflection. The NCF's emphasis on multidisciplinary learning allows students to connect different subjects and gain a broader perspective. It also promotes time management skills and collaborative projects, preparing students for real-world challenges. For teachers, the NCF provides guidelines for effective pedagogy, professional development, and fostering an inclusive learning environment.

PARAKH has designed the Holistic Progress Card at Secondary Stage to support teachers in delivering high-quality education that aligns with the goals of NEP 2020 and NCF. It provides resources and strategies for effective classroom management, assessment, and personalized learning, enabling teachers to address diverse student needs and promote academic excellence. Educators can design group activities and assessments that promote cooperation, communication, and problem-solving skills which would prepare students for real-world challenges and enhances their interpersonal skills.

In essence, the HPC at the Secondary Stage is a vital tool for self-evaluation, time management, goal setting, and accomplishment tracking for learners. It encourages project-based inquiry, allowing students to engage in hands-on learning and develop problem-solving skills.

At the heart, HPC supports both educators and students in achieving their full potential, fostering a culture of excellence, innovation, and lifelong learning. As India continues to address the evolving needs of education, the HPC will play a crucial role in shaping the future of our nation, empowering the next generation to lead with knowledge, skills, and values by equipping students with the skills and mindset needed to become future entrepreneurs and leaders, capable of driving positive change in society.

Prof. Dinesh Prasad Saklani
Director, NCERT

How to Fill the HPC · Foreword

"NEP 2020 and the NCF have been instrumental in this paradigm shift."

HOW THE FOREWORD MAPS ONTO THE CARD

Self-evaluation
Part A

Multidisciplinary learning
Part B project

Time management
Parts A and F

Collaboration
Every peer page

CG and C codes: NCF-SE 2023.

Who made this card

NEP 2020, paragraph 4.41

Performance Assessment, Review, and Analysis of Knowledge for Holistic Development.

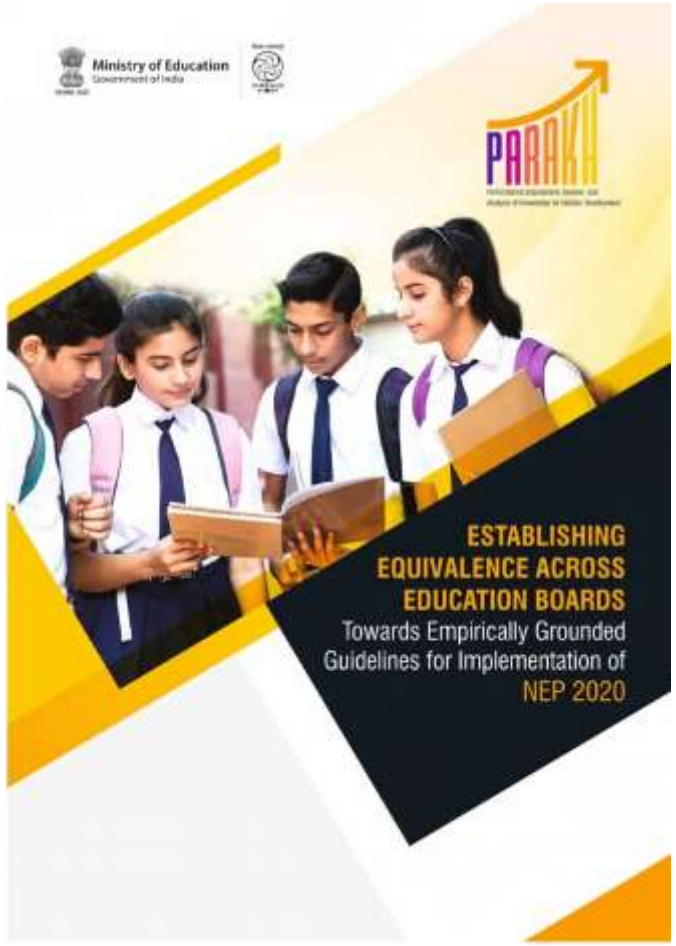
- National Assessment Centre, NCERT, February 2023.
- In Hindi, PARAKH means "*to test*".
- CEO and Head: Prof. Indrani Bhaduri

FOUR MANDATES

1. Assessment standards across all boards.
2. Equivalence among sixty-nine boards.
3. National surveys: PARAKH Rashtriya Sarvekshan (PRS) and Kaushal Sarvekshan.
4. State reform: HPC, paper templates, item banks.

Same grade, different abilities

Why a national card at all?



PARAKH equivalence report

In several boards, over half the questions tested only recall.

NOT A NAGALAND PROBLEM. AN INDIAN ONE.

Nagaland and Kerala, one national standard.

Change the paper and you change the teaching

Children learn what they are tested on.

Four arms of one reform

Three instruments and one destination

HPC · the learner

One child across a year, recorded on what a question paper cannot see.

ITMS · the question paper

Item banks and blueprints built to the national taxonomy.

SQAAF · the school

The same question, asked about the school instead of the child.

Equivalence · the destination

Sixty-nine boards on five fronts. What the other three are for.

THE REFORM

Assessment stops measuring memory and starts measuring what a child can do, against one national standard, for the learner, the question paper and the school.

Who stands behind this document

The card's Core Team page

Ministry and NCERT

Secretary, School Education.
Director, NCERT.
CEO & Head, PARAKH.

National systems

CBSE.
KVS.
NVS.

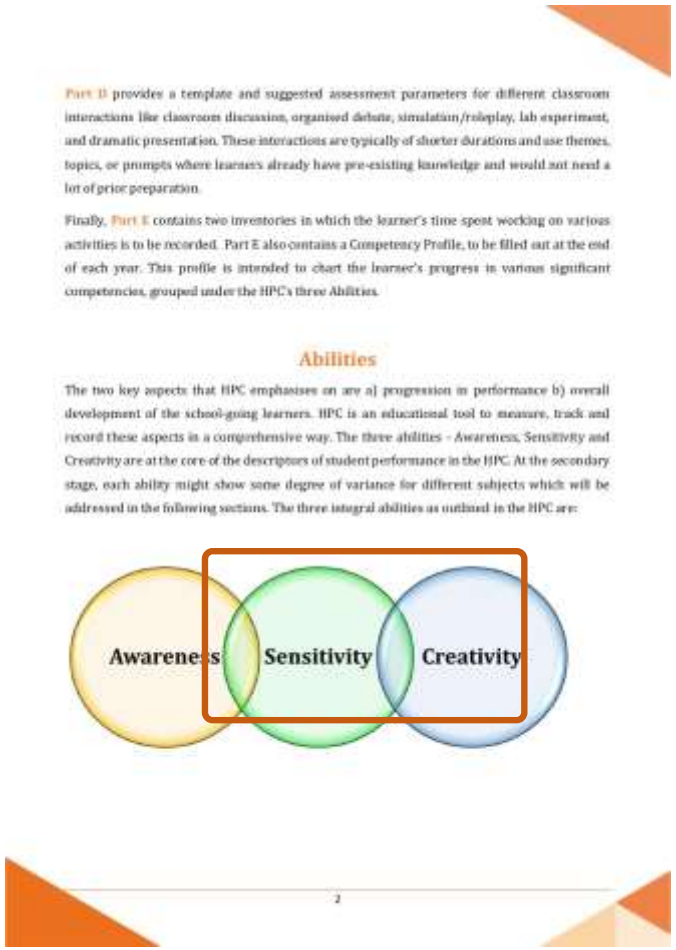
States and partners

SCERTs.
Samagra Shiksha.
UNICEF.
ETS.

Nagaland is not behind, and we are not being experimented on.
We are on time with the nation.

Three abilities, three levels, six parts

Six words the whole series stands on



Part D provides a template and suggested assessment parameters for different classroom interactions like classroom discussion, organised debate, simulation/roleplay, lab experiment, and dramatic presentation. These interactions are typically of shorter durations and use themes, topics, or prompts where learners already have pre-existing knowledge and would not need a lot of prior preparation.

Finally, Part E contains two inventories in which the learner's time spent working on various activities is to be recorded. Part E also contains a Competency Profile, to be filled out at the end of each year. This profile is intended to chart the learner's progress in various significant competencies, grouped under the HPC's three Abilities.

Abilities

The two key aspects that HPC emphasises on are a) progression in performance b) overall development of the school-going learners. HPC is an educational tool to measure, track and record these aspects in a comprehensive way. The three abilities - Awareness, Sensitivity and Creativity are at the core of the descriptors of student performance in the HPC. At the secondary stage, each ability might show some degree of variance for different subjects which will be addressed in the following sections. The three integral abilities as outlined in the HPC are:

2

The guide's abilities page

Awareness · the head

Sensitivity · the heart

Creativity · the spark

The HPC is where Awareness, Sensitivity and Creativity are born. The question paper is where they grow up.

Beginner **Proficient** **Advanced**

SIX PARTS, AND A YEAR-END PROFILE

A · Learner **B · Project** **C · Inquiry**

D · Interactions **E, F · Courses, hours**

Plus the Student's Competency Profile, closing the year.

The three abilities, precisely

Remember them exactly, because you will grade against them

Awareness. Understanding: knowing the task, the concept, the process and the context, with attention and clarity.

Sensitivity. The interpersonal and ethical side: empathy, respect, open-mindedness, collaboration, and handling disagreement without humiliating anyone.

Creativity. Not an artistic gift a few children are born with. PARAKH treats it as a trainable competency with five visible parts:

New ideas · Flexibility when the evidence changes · Fluency · Exploration · Combining across subjects

One picture: the water project

One local problem, four subjects, one set of evidence

Science

Finds the leaks and studies conservation.

Mathematics

Estimates how much water the school uses in a day.

Social Science

How the ward manages water, and who goes short in the dry months.

Language

Writes the proposal that goes to the Head of Institution.

WHAT YOU ARE WATCHING FOR

Every child in it can be watched for Awareness, Sensitivity and Creativity while the work is happening.

Four questions, answered plainly

Asked in every staff room

Is this extra work?

Ticks and short comments, during activities you already run.

Does it replace examinations?

No. Examinations continue. This card carries the formative side.

Does it count?

Formative assessment is formally part of Class IX. No weightage for now.

What if a child is Beginner in everything?

Then you know where support is needed.

AND ONE THING TO DO ABOUT FAIRNESS

Pick a question the school itself can answer. Give time and materials in school. Take the evidence in any form.

The road for Nagaland

The road for our state

NBSE leads the PARAKH framework for the state.

Oct 2026
Orientation

→

Nov–Dec
Teachers train their schools

→

Jan 2027
Class IX carries the card

→

2028
Class X joins

28 and 30 October

Dimapur, then Jotsoma.
One teacher per school.

January to December

Our academic session.

741 schools

Every Class IX learner.

Seventeen districts

Small enough to do this well.

The whole ancestry, in five lines

From ancestry to the first page

1. A policy that named the problem.
2. A philosophy that named the person.
3. A framework that built the curriculum.
4. A national body that built the instrument.
5. A Board that has put it in your hands.

REMEMBER THAT CHILD

Every part of the HPC that follows is a page where that child appears in the official record.

This card was built for the child the old report card could not see.

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